

Pts	(Total points for the class = 100pts)
50	<ul style="list-style-type: none"> <li>Franklin Academy PE shirt (long or short sleeve)</li> <li>Franklin Academy PE athletic shorts / sweat pants</li> <li>Athletic shoes</li> <li>Journal</li> <li>Student that are not prepared for class may NOT participate in the class and therefore do not receive participation points. Please see PE teacher for writing assignments.</li> </ul>
50	<ul style="list-style-type: none"> <li>Engaged in designed workout throughout <u>entire</u> period. (&gt;90%+ drills completed)</li> <li>Works with <u>optimum efficiency</u> to obtain peak physical conditioning.</li> <li>Demonstrates proper safety, sports etiquette and technique <u>at all times</u>.</li> <li>Completes <b>all</b> written assignments in a timely fashion.</li> </ul>
40	<ul style="list-style-type: none"> <li>Engaged in designed workout <u>throughout most</u> of the class period. (80% of drills completed)</li> <li>Works with <u>above average efficiency</u> to obtain peak physical conditioning.</li> <li>Demonstrates proper safety, sports etiquette and technique a <u>majority of the time</u>.</li> <li>Completes <b>all</b> written assignment(s).</li> </ul>
30	<ul style="list-style-type: none"> <li>Engaged in designed workout <b>during portions</b> of the class period. (60% of drills completed)</li> <li>Works with <u>average efficiency</u> to obtain peak physical conditioning.</li> <li>Demonstrates proper safety, sports etiquette and technique <u>sometimes</u>.</li> <li>Completes <u>most</u> written assignment(s).</li> </ul>
20	<ul style="list-style-type: none"> <li><u>Sporadically</u> engaged in designed workout during the class period. (40% of drills completed)</li> <li>Works with <u>below average efficiency</u> to obtain peak physical conditioning.</li> <li>Demonstrates proper safety, sports etiquette and technique <u>rarely</u>.</li> <li>Completes <u>some</u> written assignment(s).</li> </ul>
10	<ul style="list-style-type: none"> <li><u>Rarely engaged</u> in designed workout during the class period. (20% drills completed)</li> <li>Works with <u>poor efficiency</u> to obtain peak physical conditioning.</li> <li>Demonstrates proper safety, sports etiquette and technique <u>hardly ever</u>.</li> <li><u>Rarely</u> completes written assignment(s).</li> </ul>
0	<ul style="list-style-type: none"> <li>Is <u>not engaged</u> in the designed workout during the class period. (&lt;20% drills completed)</li> <li>Demonstrates proper safety, sports etiquette or technique <u>none of the time</u>.</li> <li><u>Doesn't</u> complete written assignment(s).</li> </ul>