**Health 7 Units**

Teacher: Coach Grove

Weebly: coachgrove.weebly.com

Book: Glencoe Health

***Units we will be covering:***

Unit one: Understanding Health and Wellness

Unit two: Mental and Emotional Health

Unit three: Healthy and Safe Relationships

Unit four: Nutrition and Physical Activity

Unit five: Personal Care and Body System:

Unit six: Growth and Development

Unit seven: Drugs

Unit eight: Diseases and Disorders

Unit nine: Safety and Environmental Health

\*\*\*Final Exam will be Tuesday December 19th\*\*\*